

Taking a respiratory swab HITH

While wearing PPE



Prepare outside the home



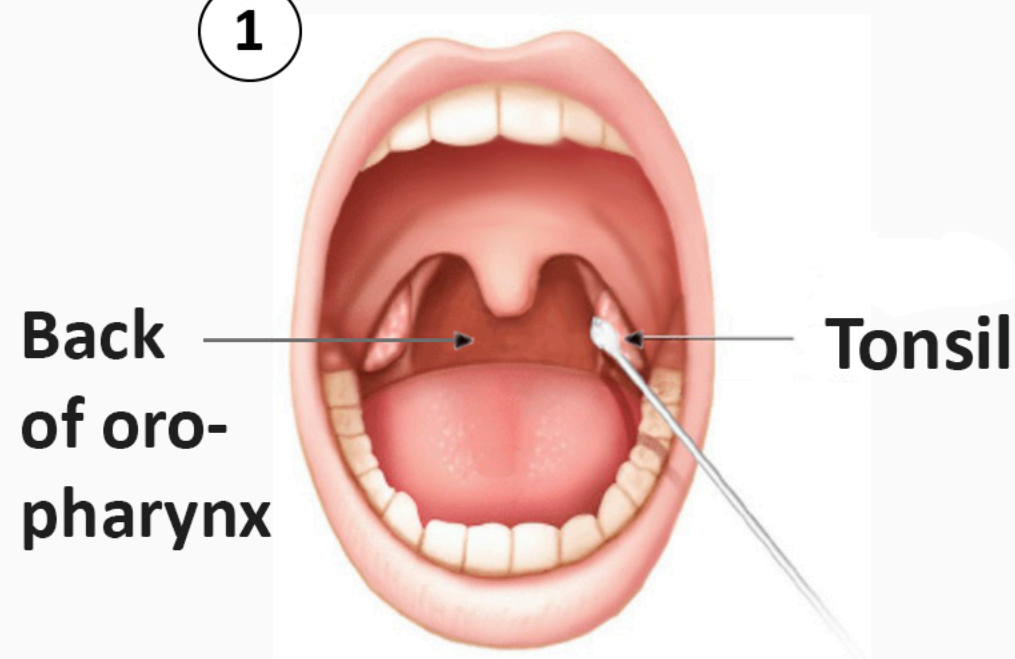
Prepare

1. Put patient label on swab, put swab and request form in sample bag
2. Put sample box with lid off and waste bag outside front door
3. Put PPE on and enter the house

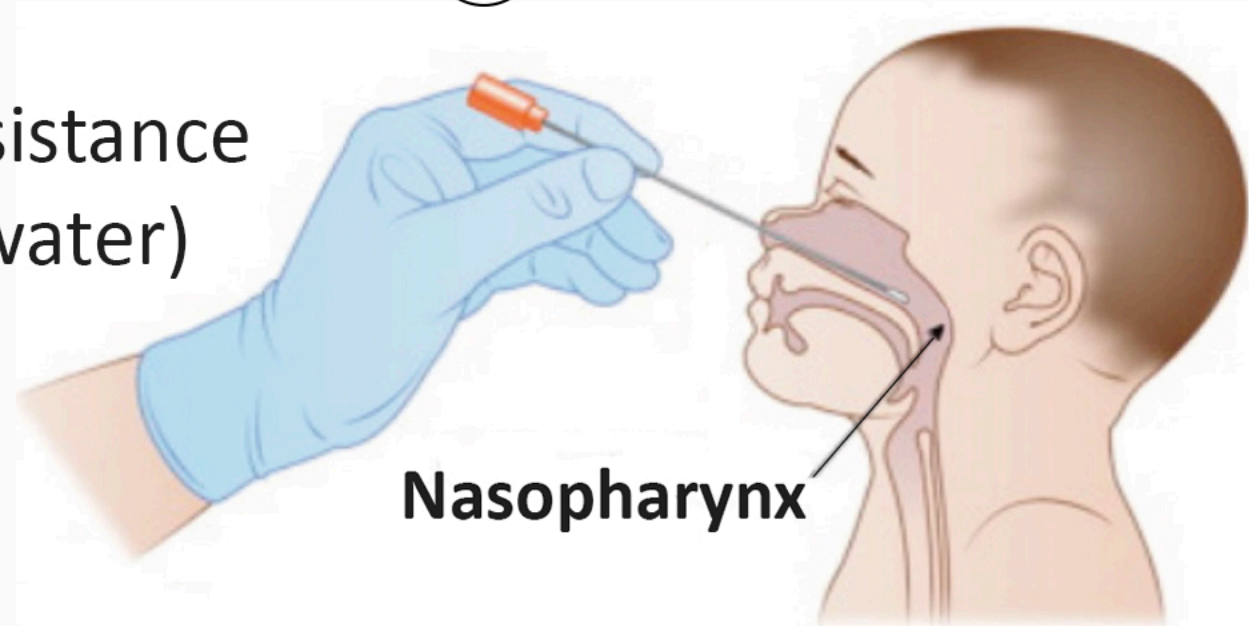
Swab

1. Tell them it can hurt a little in the nose
2. Stand next to patient not in front
3. All one swab - throat first **1**
 - first swab tonsils (avoid the tongue)
 - then straight to back of oropharynx
4. They'll gag, give them 3-5 secs to recover
5. Then first nostril **2** (horizontally)
 - gently push swab back until feel resistance
 - twirl (usually just 3-4s as eyes will water)
6. Repeat other side
7. Put swab back into the tube
8. Put tube into sample bag

1



2



Finish

Leave house, drop bag in box, no touch



Take PPE off, put in waste bag per PPE guideline



Hand hygiene, put lid on box, take to car

